

The Healing Touch Newsletter

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(949) 422-5891

CUSTOMER APPRECIATION SALE

WINTER2008

My Dear Friends and Clients:

With a new President-Elect Barack Obama and this country is ready for CHANGE, we at The Healing Touch are ready for change also. We are offering several discounts for December and next year so that you can afford your massages. We are offering several discounts (see right side). Massage is the most ultimate gift that you can give to your friends and loved ones. Who would not want a massage? In these times of stress it is the best gift ever for friends and loved ones of a special massage for birthdays which include a body scrub, hot stones, mini facials. They'll love it. After all, **MASSAGE IS THE ULTIMATE GIFT.** I also moved to Villa Park. Make your appointment at my new place for your massage. *Happy Holidays, Suzanne ☺*

HAPPY BIRTHDAY TO DECEMBER CLIENTS

Happy Birthday!-Receive \$15 off Gift Certificate.

Gold Clients: The following clients have helped me this year: **Sheila & Mike Lefkowitz, Dan Malone, Dave Sherbeck, Betty Elliott, Shirley McGovern, Gary & Suzanne Bryant, Jay & Erin Rindineau, Goly Van Orden, Veronique Sananes, GAIL SHAPIRO** is unanimously voted **CLIENT OF THE YEAR** for her many referrals. I even get to dog and housesit for her and Dennis. *Thank you, Gail Shapiro and all of my precious Gold clients for continuing on making The Healing Touch successful. You are my "family."*

THE HEALING TOUCH WEBSITE AND WORLD WIDE WISDOM HEALING GROUP SERVICE

The Healing Touch website now has a new facelift. Take a look at the awesome job that my [web designer Dave Salahi](#) has created and all of the other "things" I do. Two new classes are being offered at this time on Healing and Our Conscious Dying which are being offered at this time. Check them out.. **World Wide Wisdom Healing Group** is still going strong. We will pray and meditate for anyone who is ill, having surgery or transitioning. We also have a animal transitioning meditation for their pets. Check us out at World Wide Wisdom Healing Group@Yahoogroups.com.

THT DISCOUNTS

**New Client Discounts *Referral Discounts *
Senior Discounts * Student Discounts * Couples
Discounts * Party Discounts * Convention Discounts
Birthday Discounts * Valentine Discounts
Christmas Discounts * Wedding Discounts *
Package Deal Discounts * Client of the Month
Discounts * Anniversary Discounts**

**Join the MONTHLY NUDGE CLUB and receive a
big discount on your monthly massages.**

Your birthday massage of 15% off is good for one year
Enjoy many of these discounts!

Remember: **YOU ARE THE MOST IMPORTANT
PERSON AND CLIENT OF THE HEALING
TOUCH.**

THANK YOU!

Don't forget to tell your friends about THT

THT TECHNIQUES USED

Ask for my brochure which explains the benefits of massage and the several techniques that I use. I have also incorporated Tai Massage from Thailand. It is a lazy man's yoga formulated to help you stretch, stimulate circulation, bones and joint movement. I use: Hot Stone Therapy * Acufacials * Raindrop Therapy, Swedish Massage * Reflexology * Sports Massage * Chair * Somatics Massage * Deep Tissue * Myotherapy * Shiatsu * Cranial Sacral * Lomi Lomi* Body Awareness *Deep Breathing * Pregnancy Massage *Geriatric Massage * Instant Massage * Hospice * Aromatherapy*Myofascial Release*Reiki/Energy Work

DE-STRESS WITH A LUXURIOUS HOT BATH

One of the most luxurious things that we can do for ourselves is soak in a hot bath. I do with my rubber ducky. My new place has a Jacuzzi and jets. I fill it up with (Epsom salts-which sucks out lactic acid from your muscles), bubble bath, my favorite (Lavender) aromatherapy, I add a mud pack, deep conditioner on my hair, shave my legs, put soft relaxing music on with a glass of wine. I sit and relax and meditate in my own home. This helps me totally relax one hour before going to into a deep slumber. Try this at least for 20 minutes and three times a week. Your muscles will soon relax. An ideal time to also do this is after your massage from me. I guarantee you that you will sleep like a baby! Enjoy! You deserve it TONIGHT!

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